



Wistanstow C.E. Primary School's

Bulletin

15/09/2023



Head of School's Message



Dear Parents and Carers,

Welcome back and I hope that you have enjoyed the summer break.

We have had some upgrades to our buildings and IT systems over the summer which will hopefully ensure that we do not experience the technical problems as we did at the end of the summer term.

Staff are busy planning further activities for this term so please look out for updates to our diary.

Sue Phillips

Head of School



2023 Dates for the Diary



Thursday 21st September -Cross-Country CMV YR 3/4

Friday 22nd September – Peter's Library Visit

Tuesday 26th September– Bronze Ambassador P.E

Thursday 5th October Wistanstow Prospective New Parents Open Morning



A Few Reminders

Children in Y3-Y6 are welcome to bring in a **piece of fruit** to eat at morning break. Any grapes should be cut in half lengthways for safety purposes. We will provide children in receipt of benefits-related free school meals with a piece of fruit. Children in KS1 have milk and fruit provided. We are looking into starting a 'fruit scheme' for KS2 pupils.



Named water bottles with **water only** should be brought in daily. We have 'Wenlock Water' stations supplied to the school so that the children can refill their bottles throughout the day.



Where at all possible, dental and medical appointments should be made outside of school hours. I understand that this is not always possible so please provide an appointment letter/reminder text/email should you only be able to make an appointment during school the school day.



P.E Days

Class 1 Thursday

Class 2 Monday and Friday

Class 3 Monday and Friday



Forest School

Class 1 Monday

(Please make sure your child comes wearing clothes covering their arms and legs. Thank you)



Welcome



We welcome Mrs Matthews to Wistanstow Primary. Mrs Matthews has moved from Church Preen Primary to enjoy a job share with Mrs Griffiths in Class 2. She will be teaching in Class 2 on Thursdays and Fridays.



Birthday Board



September



Wistanstow Stars



Henry



Riley



Robyn

Year 6 Award



Bella



Danny



Ketu



Kevin



Caitlin



Charlie



Theo



These children have been awarded certificates over the last two weeks for their general excellent attitude to their learning ,making super progress , working hard with a particular project or showing kindness and helpfulness to others.

Well Done!!



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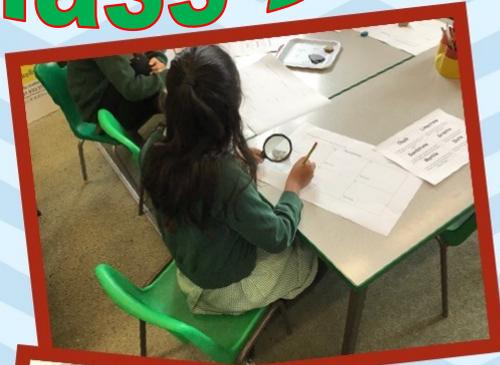
Class 1



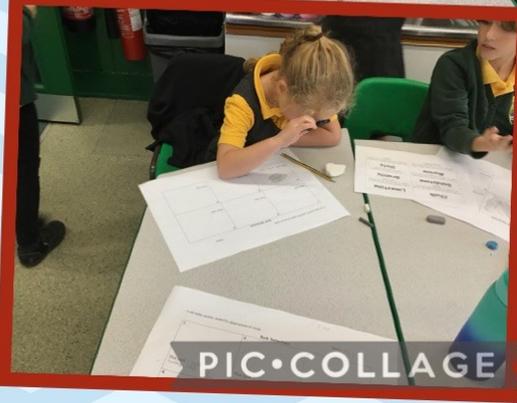
Lots of photographs of our learning in Class 1 this week.



Class 2



Observing the properties of rocks.





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Class 3

Class 3, started the new term working as a **team** to tidy up the playground. Over the Summer the weeds had taken over the flower beds, so Class 3 embraced the challenge of clearing them out. Eventually, we hope to plant some flowers or herbs to brighten up our playground.



Wistanstow C.E. Primary School's Information board



Year 6

**Parents of Year 6 Pupils*

Your child is due to transfer to secondary school in September 2024. The online application process opens on the 4 September 2023 and closes on 31 October 2023. A letter will be sent home with your child, outlining the process. Alternatively, please follow this link - [Apply to start or transfer school | Shropshire Council](#) which takes you to the Shropshire Council Admissions website. Applications received by Shropshire Council after the closing date will be classed as late, so please ensure you make your application on-time. Details about secondary school open evenings can be found in the Parents' Guide to Education in Shropshire booklet, on the same website.

REAL WORLD READY



SHREWSBURY
HIGH SCHOOL
—
GDST

Expert, girl-centred pastoral care to give every pupil a sense of belonging. Join us at our Open Day to find out how we educate girls for a world without limits. All-through, all-girl ages 4-18

Open Day
Saturday 30th September

Arrange your visit at
shrewsburyhigh.gdst.net



Wistanstow C.E. Primary School's Information board



Health Advice

Measles

The United Kingdom Health Security Agency (UKHSA) have recently published a press release following a national increase in the number of measles cases. UKHSA is urging parents of young children, teenagers and adults to check they are up to date with their MMR vaccines.

Children are offered the first vaccination at 1 year and the second dose at 3 years and 4 months.

Everyone is encouraged to check their vaccination status. You can do this by checking in your NHS app if you have access to this or contact the GP practice. If anyone has missed one or both doses of the MMR vaccine, contact the GP practice to book an appointment. It is never too late to catch up. Parents/Carers can check if their child is up to date with their MMR vaccines, by looking in the child's personal child health record (PCHR), known as the [red book](#).

Symptoms of measles

Measles usually starts with cold like symptoms e.g. a high temperature, blocked or runny nose, sneezing, cough, red, sore watery eyes

Other symptoms:

Small white spots in mouth

Measles rash (red and blotchy) which usually appears a few days after the cold like symptoms starting on face and behind ears then spreading to rest of the body.

Anyone displaying symptoms should consult the GP or NHS 111



- o Would you like to know more about why sleep is important for our health and emotional well-being?
- o Does your child struggle with their sleep?
- o Would you like to access support to help improve sleep and bedtime routines?
- o Would you like to meet other parents/carers to share and discuss experiences?

SLEEP TIGHT WORKSHOP

The workshops are delivered virtually via MS Teams or face to face at a venue in Shrewsbury

Our workshop runs for 5 weeks from the start date excluding the School Holidays

Starts on Monday 25th September 2023 from 12.30pm to 2.30pm
Virtually Via Teams

Starts on Thursday 28th September 2023 from 12.30pm to 2.30pm
At Sunflower House, Kendal Road, Shrewsbury

Starts on Monday 13th November 2023 from 12.30pm to 2.30pm
Virtually via Ms Teams

Starts on Thursday 16th November 2023 from 12.30pm to 2.30pm
At Sunflower House, Kendal Road, Shrewsbury

To book a place on one of our workshops or for further information on the workshops we run please contact the Parenting Team by:
Emailing Parenting.team@shropshire.gov.uk
Or call us on 01743 250950



www.shropshire.gov.uk
General Enquiries: 0345 678 9000



- o Would you like to know more about your child's development?
- o Do you need support to understand your child's behaviour?
- o Would you like a chance to meet & chat with other parents and carers?



UNDERSTANDING YOUR CHILD GROUPS

The groups are delivered virtually via MS Teams or face to face at a venue in Shropshire
All our groups run for 10 weeks from the start date excluding the School Holidays

SEND Groups are for parents/carers of children who might have special educational needs and disabilities, no formal diagnosis is needed for our SEND Groups

Understanding Your Child SEND starts on Monday 25th September from 9.30am to 11.30am
Virtually via MS Teams

Understanding Your Child starts on Wednesday 27th September from 09.30am to 11.30am
at Sunflower House, Kendal Road, Shrewsbury

Understanding Your Child starts on Wednesday 27th September from 12.30pm to 2.30pm
Virtually via MS Teams

Understanding Your Child SEND starts Friday 29th September 2023 from 09.30 to 11.30am
at Sunflower House, Kendal Road, Shrewsbury

Understanding Your Child starts on Wednesday 8th November 2023 from 9.30am to 11.30am
at Market Drayton Infants School, Longlow Road, Market Drayton

To book a place on one of our groups or for further information on the groups we run please contact the Parenting Team by:
Emailing: Parenting.team@shropshire.gov.uk
Or Telephone: 01743 250950



www.shropshire.gov.uk
General Enquiries: 0345 678 9000



Wistanstow C.E. Primary School's Information board



Community Events

New players welcome
Clee Hill RFC Mini Junior Rugby



Girls and Boys
Year 9 and below



Sundays at 0930
Starting 3rd September



First session - free

We take boys and girls from 3 years

FOR MORE INFORMATION PLEASE CONTACT:
Lorna • 07791689312 • cleehillrfuminisection@outlook.com
Clee Hill Rugby Club, Tenbury Road, Knowle SY8 3NL




Girlguiding
Church Stretton District

Through fun, friendship, challenge and adventure we empower girls to find their voice, inspiring them to discover the best in themselves and to make a positive difference in their community.

Do you have a daughter aged between 4 and 18?

Girlguiding Church Stretton has active Rainbow (4-7), Brownie (7-10), Guide (10-14) and Ranger (14-18) units meeting on Monday nights in Church Stretton and we would love you to come and join the fun!

For more information please contact Sophie Burgoyne (District Commissioner) on soph.burgoyne@gmail.com or find us on Facebook at Girlguiding Church Stretton District

We help all girls know they can do anything



Girlguiding Church Stretton District

In aid of:



Christmas BINGO!

WISTANSTOW VILLAGE HALL
FRIDAY 1ST DECEMBER

Doors open 6:30pm, eyes down 7:30pm



Ludlow Community

Free information, advice and support

Helena Lane House
20 Hamlet Lane, Ludlow SY8 2NP

Every Monday 9.30-11am
and
Every Wednesday 1.30-3pm

You can chat, have a coffee and see how we can help you with:

- Housing support
- Children's health and wellbeing
- Healthy living advice
- Dementia support
- Family life
- Home fire safety
- Domestic abuse support
- Drug & alcohol support
- Financial advice
- Getting older

and lots more!



Shropshire Strengthening Families





Wistanstow C.E. Primary School's Information Board



**BISHOPS CASTLE
★ CRICKET CLUB ★**

JUNIOR CRICKET PROGRAMME 2023

FUN, FAST & SOCIAL GAME SUITABLE FOR ALL LEVELS OF ABILITY

**STARTS MONDAY 15TH MAY (9 WEEKS)
AT BCCC - THE MANOR GROUND (SY95HA)**

TO SIGN UP TEXT/EMAIL CAITLIN PERRY @ TEL: 07993460877 EMAIL: CAITLINPERRY@HOTMAIL.CO.UK

JUNIOR MEMBERSHIP IS £45

ALL STARS (YEAR R - YEAR 3) 5.45-6.30PM
DYNAMOS (YEAR 4 - YEAR 6) 6.00-7.00PM
SECONDARY (YEAR 7-YEAR 10) 6.00-7.15PM

ADDITIONAL DISCOUNTS% ON PRICING FOR SIBLINGS

| | | |
|-----------------------------------|--------------------------------------|-----------------------------|
| EXPERIENCE | COACHES | 1 FREE |
| CHANCE TO PLAY IN LEAGUE FIXTURES | ECB QUALIFIED WITH DBS AND FIRST AID | TASTER SESSION UPON SIGN UP |

PLEASE VISIT THE LINKS BELOW FOR MORE INFORMATION

ALL STARS WWW.ECB.CO.UK/PLAY/DYNAMOSCRIKET **MANOR GROUND**
WWW.ECB.CO.UK/PLAY/ALL-STARS

[/BCASTLECRICKET](https://www.facebook.com/BCASTLECRICKET) [/BISHOPSCASTLECRICKETCLUB](https://www.instagram.com/BISHOPSCASTLECRICKETCLUB) [/BCASTLECRICKET](https://www.tiktok.com/@BCASTLECRICKET)

Scouts cubs

2nd Longmynd Scout Group



2nd Longmynd Scout Group has availability in both the Tuesday night and Wednesday night Cub Scout packs, if you:

- Are you aged 8-11?
- Like the great outdoors and learning new skills whilst making new friends?
- Enjoy everything from arts & crafts to ropes & rafts with some camping thrown in, there are a wide range of activities to take part in.

Come along from 6:30pm till 8pm to see what cubs is like at

The Scout Hut, Church Street, Church Stretton, SY6 6DQ

For more information, Contact 07714 811969, 07742 718691 or 07484 717317



Long Mynd Music Academy

LITTLE ROCKERS

FRIDAYS AT 4.30PM - 5PM

WANT TO BE A ROCKSTAR? - COME AND TRY OUT BEING A BAND! LEARN THE BASICS ON DRUMS, GUITAR, BASS, KEYS AND SINGING - THEN PERFORM AT OUR SUMMER CONCERT!

NOW Enrolling for LITTLE ROCKERS

Email - Longmyndmusic@outlook.com
Phone - 07528372471

Girls Youth Group

Mondays 5.30pm - 7pm

For girls aged 9 - 14 years

FREE Fortnightly

Club sessions dates:

- 18th September - Pond Dipping
- 2nd October - Hedgehog Den Challenge and Toasted Marshmallows
- 16th October - Apple Evening - bird feeders, tarts, peeling contest, shrunken heads
- 30th October - Halloween Arts and Science
- 13th November - Taco Dinner (please RSVP)
- 27th November - Newspaper Clothing Fashion Shows
- 11th December - Card Making
- 8th January - Willow Dragonflies

For more information contact Stephanie on 01588 676060 or stephanie.bellows@growcooklearn.co.uk


**Shropshire Hills
Discovery Centre**
the home of Grow Cook Learn

All volunteers DBS checked and safeguarding trained

www.shropshirehillsdiscoverycentre.co.uk
info@shropshirehillsdiscoverycentre.co.uk / 01588 676060
School Road, Craven Arms SY7 9RS
Grow Cook Learn, a registered charity. 1158795



Disclaimer: Unless stated otherwise external clubs/services shared in this newsletter are not affiliated with Wistanstow CE Primary School and therefore responsibilities for safeguarding and health and safety sit with the external organisations.



Wistanstow C.E. Primary School's Information board



TERM DATES 2023-24

| | |
|--|---|
| Monday 4 th September | Training Day for school staff – school not open to pupils |
| Tuesday 5 th September – Thursday 26 th October | Pupil days |
| Friday 27 th October | Training day for school staff – school not open to pupils |
| Monday 30 th October – Friday 3 rd November | Half term holiday |
| Monday 6 th November – Wednesday 20 th December | Pupil days |
| Thursday 21 st December – Tuesday 2 nd January | Christmas holiday |
| Wednesday 3 rd January | Training day for school staff – school not open to pupils |
| Thursday 4 th January – Friday 9 th February | Pupil days |
| Monday 12 th February – Friday 16 th February | Half term holiday |
| Monday 19 th February – Friday 22 nd March | Pupil days |
| Monday 25 th March – Friday 5 th April | Easter holiday |
| Monday 8 th April – Friday 24 th May | Pupil days |
| Monday 6 th May | Bank Holiday - school not open to pupils |
| Monday 27 th May – Friday 31 st May | Half term holiday |
| Monday 3 rd June – Friday 19 th July | Pupil days |



Wistanstow C.E. Primary School's New Lunch Menu 2023



WEEK 1 *Fresh DINING*

| | MONDAY Everyday favourites | TUESDAY | WEDNESDAY Mid-week roast | THURSDAY | FRIDAY Take-away day |
|-----------------|---------------------------------|-------------------------|-------------------------------------|--------------------------------------|---|
| OPTION 1 | Pork Sausages & Gravy | Beef Pie & Gravy | Roast Chicken with Stuffing & Gravy | Spaghetti Bolognese | BBQ Chicken |
| OPTION 2 | Cheese & Potato Pie | Vegetarian Sausage Roll | Quorn Fillet | Cheese & Bean Wrap | Pizza Selection |
| CARBS | Mashed Potatoes or Crusty Bread | Pasta or Diced Potatoes | Roast & New Potatoes | Garlic & Herb Bread or Potato Wedges | Potato Crunchies or Pasta |
| PUDDING | Mousse | Waffle | Iced Cake | Cookies | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

SAMMY SWEETCORN SAYS...
Enjoy your lunch!

ALL SERVED WITH - A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Wistanstow C.E Primary School

Food allergen & intolerance information - before ordering speak to our staff about your requirements

www.shireservices.co.uk

Menu Weeks & Additional Information

WEEK 1

04/09/2023
25/09/2023
16/10/2023
13/11/2023
04/12/2023
01/01/2024
22/01/2024
19/02/2024
11/03/2024
15/04/2024
06/05/2024
03/06/2024
24/06/2024
15/07/2024

WEEK 2

11/09/2023
02/10/2023
23/10/2023
20/11/2023
11/12/2023
08/01/2024
29/01/2024
26/02/2024
18/03/2024
22/04/2024
13/05/2024
10/06/2024
01/07/2024

WEEK 3

18/09/2023
09/10/2023
06/11/2023
27/11/2023
18/12/2023
15/01/2024
05/02/2024
04/03/2024
08/04/2024
29/04/2024
20/05/2024
17/06/2024
08/07/2024

Each day your child can enjoy:

- A choice of main meals and seasonal vegetables.
- A dessert, piece of fresh fruit or yoghurt.
- Access to our salad bar, fresh bread and water station.

Free school meals:

Your child may be eligible for free school meals please contact your school for further information.

Theme day calendar

Look out for these fun menus throughout the year



for further information
T: 01743 250250
www.shireservices.co.uk



Polite reminder: Please make sure your **SCHOOL MONEY** account is topped up to pay for school meals ordered.

To check if your child is eligible for free school meals and find out how to apply go to :

<https://www.shropshire.gov.uk/-free-school-meals/>